Video Series

THROUGH THE STORMS: Help From Heaven When All Hell Breaks Loose

with Tony Cooke

Overview of Videos

- 1. Can't I Just Have a Trouble-Free Life? (16:23)
- 2. Jonah's Storm (16:38)
- 3. The Disciples' Storm (16:33)
- **4.** Paul's Storm (16:50)
- 5. The Storms Within (16:28)
- 6. It's About the Destination (15:34)
- 7. The Four-Wheel Drive Christian (16:49)
- 8. Can I Avoid at Least Some Problems? (16:55)
- 9. Becoming a Storm Chaser (17:06)
- **10.** Suffering and the Will of God (17:59)

Thoughts for Group Leaders

As a group leader, you have the opportunity to make this learning experience more meaningful for participants in the "Through the Storms" Video Series. Here are some thoughts to help you be a more effective leader and facilitator throughout this series.

1. Encourage each participant to have a copy of the book, "Through the Storms: Help From Heaven When All Hell Breaks Loose." Students will receive greater benefit if they've read the corresponding chapters before watching the video sessions, or at least, if they review the chapters after watching the respective lessons. Additional books can be purchased by calling 918- 645-9120 or by visiting www.tonycooke.org. Wholesale discounts are available by calling 800-888-4126.

2. Know the material yourself. Make sure that you've read the material in the book and previewed the video lesson ahead of time. Also, if you think through the discussion components prior to the sessions, you'll have a lot better feel for the material and will be able to guide the students through the lesson more effectively.

3. It is recommended that you have forty-five minutes to an hour allotted for each session (each video lesson is approximately 16.5 minutes long). Having this time window for each session allows time for you to share additional thoughts (if you desire to do so) and to lead the group through the interaction and discussion aspects prescribed in the book.

4. It is good to let the people attending know what the format will be. This can involve a simple statement such as, "We're going to open with prayer, watch the 16 minute video, and then have 30-40 minutes to discuss the material."

5. Group interaction and discussion contribute significantly to the learning process. "Questions for Reflection and Discussion" (at the end of each chapter in the book) help facilitate this important growth component. The more participants engage in discussion, the greater benefit they will receive. If you have a large number of people in the class, it can be helpful to have them break up into smaller groups of five to six members for this time of interaction and discussion.

6. As you facilitate the discussion, remember that open-ended questions are ideal for stimulating discussion. These are questions that can't be answered with a "Yes" or a "No." Questions like, *"What did you learn..."* or *"Have you ever experienced..."* can all help stimulate discussion, learning, and application. Perhaps the two most important questions you can ask are: *"What is your take-away value from this lesson?"* and *"What can we apply from this lesson that will help us better navigate the storms of life?"*

7. In addition to this document and the videos on the USB drive, you will also find sample posters and promotional materials for this series. On the posters, the bottom portion has been left blank so that you can insert the specifics (location, date, time, registration information) for the series you will be leading. The following sizes are included: 11×17 , 8.5×11 , 5.5×8.5 (2-up on 8.5×11), & 4×6 postcard. For the posters, we have included the option of using a Photoshop jpeg file or a MS Word document that you can add your information to before you have it printed. For the 4×6 postcard, there is a jpeg file only.

MS Word Instructions:

- 3) Highlight the text box at the bottom to add your text, map, etc.
- 4) Save the document to your computer.
- 5) Document can be printed in-house or taken to a local print-and-copy center.

JPEG Instructions:

1) In the *Promotional Materials* folder, find the files with the ".jpg" extension and the corresponding document size you would like to print (example: 11x17.jpg).

¹⁾ In the *Promotional Materials* folder, find the files with the ".doc" extension and the corresponding document size you would like to print (example: 11x17.doc).

²⁾ Open the file in MS Word.

2) Open in Adobe Photoshop or similar photo editing software with text capabilities.

3) Add a text/map to the solid box at the bottom (we suggest wording like "Where:, Date:, Time:, To Register:).

4) Save the document to your computer.

5) Document can be printed in-house or taken to a local print-and-copy center.

8. Technical questions regarding the videos can be directed to techguy@tonycooke.org.

Other Teaching Resources by Tony Cooke Are Available at... **www.tonycooke.org**